



What is Walk Across WY?

Walk Across Wyoming is a **15 day journey** from Cody to Cheyenne, Wyoming starting **September 1, 2017** to raise awareness and support for local Suicide Prevention efforts.

This journey is raising awareness that struggle is part of the human condition and you don't have to do it alone. Join the movement.

For more information about the walk please visit: WalkAcrossWy.Com or call your local contact to get involved in your community.

Contacts: Pam Cain-331-9567 or Ruth Herdt-331-1286



Suicide Prevention Walk Across Wyoming

Terresa Humphries-Wadsworth from Cody, WY will be walking from Cody to Cheyenne, WY in September to raise awareness and support for local Suicide Prevention efforts. Terresa will begin her walk on September 1, 2017 from Cody and will end in Cheyenne on September 15th. Humphries-Wadsworth is walking to raise awareness for suicide prevention across the state. It is about raising hope to those who are struggling and comforting those who grieve.

The VFW Posts and Auxiliaries of Wyoming are supporting Terresa's "Walk Across Wyoming". VFW Posts and Auxiliaries are rallying behind Terresa and will be hosting an event in some of the communities that she stops to rest in. Humphries-Wadsworth will be in Wheatland on September 12, 2017. We will be sponsoring a barbecue at Lewis Park, and the public is invited to attend. Humphries-Wadsworth will be available to visit with.

More information will be distributed as it becomes available. If you are interested in participating in some way, please contact Pam Cain at 331-9567 or Ruth Herdt at 331-1286.